

A new world built by your hands

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In an increasingly connected planet, the search for a harmonious and sustainable future has become an urgent priority. Building a society that prioritizes collaboration, mutual respect and environmental preservation is essential to ensuring a prosperous future for future generations. In this speech, I will investigate how we can join forces to create a more balanced and peaceful world, where sustainability and peace are essential foundations for our coexistence. A “perfect world” would be ideal for us, but it is a subjective and often unattainable concept; nothing in the world is perfect. However, we can work to create things that are good enough, effective, and meaningful. Striving for perfection can be a worthy goal, but it is also important to recognize and accept the limitations and imperfections that exist.

In a time marked by global challenges, there is an urgent need to redesign the paths we follow as humanity. Some characteristics that many associate with a better world are justice, peace, equality, and harmony with nature.

Justice

Improving justice in the world requires strengthening the rule of law, promoting social and economic justice, and ensuring universal access to an efficient and transparent judicial system. To achieve this, it is essential to reduce bureaucracy in processes, adopt technologies that streamline procedures, and ensure impartial and ethical judgments. Justice must be administered with humility and respect, and must be free from any type of social or economic influence. Combating corruption within the Judiciary is essential to maintaining the credibility of institutions and ensuring equal treatment of citizens.

In addition to structural reforms, it is essential to invest in legal education and human rights awareness, empowering the population so that they can demand and exercise their rights. Equal access to justice and the reduction of inequalities are pillars of social justice, which promotes not only compliance with the law, but also peace and social cohesion. A fair justice system is one that guarantees dignity, resolves conflicts peacefully and contributes to the construction of a more humane, supportive and balanced society.

Peace

Building a peaceful world requires ongoing, collective efforts—from individual actions to global cooperation. Peace is more than the absence of war; it’s the presence of respect, empathy, justice, and cooperation. This means actively cultivating values and practices that promote understanding and harmony every day.

At the individual level, the first step is to cultivate inner peace. Emotionally balanced and conscious people tend to act with more compassion and tolerance. Practices such as meditation, self-care, active listening, emotional control and the development of empathy are fundamental. The ability to dialogue, resolve conflicts without resorting to violence and recognize the dignity of others, even in disagreements, is the foundation of a peaceful society. Respect for the diversity of thoughts, beliefs, cultures

and identities must be constantly promoted in our daily behaviors, because peace begins within each one of us.

Education for peace is essential at **the social level**. Schools should go beyond teaching knowledge to fostering conscious, critical, and supportive citizens. From early childhood, children must learn about peaceful conflict resolution, empathy, social justice, diversity, and human rights as part of their ethical and civic growth.

A peaceful society also requires tackling structural inequalities. Issues like poverty, discrimination, and exclusion fuel violence. Public policies that ensure equity, quality education, healthcare, decent work, and security help build inclusive communities and strengthen social cohesion.

Peacebuilding **on a global scale** requires international cooperation and respect for international law. Diplomacy and dialogue must take precedence over conflict, with institutions like the UN playing key roles in mediation, humanitarian aid, and sustainable agreements.

Global peace also depends on tackling shared challenges such as poverty, climate change, human trafficking, terrorism, and forced migration. These issues demand solidarity, shared solutions, and investment in sustainable development to strengthen global ties and prevent future conflicts.

It is also essential to combat excessive militarization and redirect military resources to development, education and health policies. True security is not built with weapons, but with justice, inclusion and constant dialogue.

Equality

Promoting equality in the world requires integrated actions that address social, economic and cultural inequality. This includes the implementation of public **policies that** guarantee real opportunities for all, especially for vulnerable groups. Equality begins with fair access to quality **education**, health, housing and decent work.

Furthermore, it is essential to support **organizations and social movements** that combat poverty, prejudice and exclusion. Valuing **diversity and** the creation of inclusive environments, without discrimination based on gender, race, sexual orientation or disability, are fundamental to building a fairer society.

The empowerment **of women, youth and minorities**, through education, entrepreneurship and political participation, strengthens citizenship and amplifies social voices. Likewise, it is necessary to combat all forms of violence **and human rights violations**, promoting respect and dignity for all.

Finally, promoting equality is also essential for sustainable **development and** building a more harmonious future. With collective effort, inclusion and mutual respect, it is possible to build a world where everyone has the same opportunities to live with dignity

Harmony with nature

Living a balanced life brings greater happiness and harmony with nature. Small daily changes can lead to big transformations. Use your time wisely, slow down, and focus on the present. Prioritize one task at a time and make space for meaningful breaks — connect with nature, care for animals, and nurture plants with love.

Taking care of **the planet, our common home**, is everyone's responsibility. Teaching children the value of nature, listening to the sounds around them and noticing the beauty of the outdoors connects us to something bigger. Being more present with family, dedicating time to relationships and practicing small acts of kindness can make the world a better place.

Another key step is disconnecting from technology. Embracing silence and slowing down helps restore inner balance and encourages more conscious living. By reducing impulsive consumption and focusing on purpose, we can create a simpler, more meaningful life.

Adopting a slower, more attentive lifestyle that is connected to nature promotes well-being, emotional health and respect for the environment. This way of living is an invitation to rediscover what is essential and build a happier and more sustainable future — for ourselves and for the Planet.

Building a peaceful and sustainable world is not just an ideal, but an urgent need and a collective duty. This path requires ethical commitment, respect for differences, balance with nature and solidarity among peoples. Lasting peace and true sustainability will only be possible when there is social justice, quality education, environmental preservation and empathy in human relations.

Every gesture counts — from individual actions to global political decisions. By cultivating dialogue, promoting equality and caring for the planet responsibly, we will be laying the foundations for a more harmonious, fair and dignified future for all. As stated by **Mahatma Gandhi**, great leader of peace and non-violence:

"You never know what results will come from your action, but if you do nothing, there will be no results."

It's time to act with awareness, cooperate with hope, and build a new way of living together. Each person can contribute, even through small actions, for the greater good of our shared world. Together, we can create a better future for the next generations.

Brazil is a country of continental dimensions, recognized for its immense natural wealth, such as the Amazon Rainforest, known as the "lungs of the world," as well as its cultural diversity, reflected in popular

expressions, cuisine, religions, and artistic expressions that vary from region to region. This plurality is the result of the intermingling of Indigenous, African, European, and other peoples, making Brazil one of the most diverse countries in the world. However, all this wealth coexists with historical and structural challenges that affect social justice and sustainable development. Brazilian justice, exercised by the Judiciary, is fundamental to guaranteeing rights, resolving conflicts, and maintaining social order. Despite important advances, such as the Maria da Penha Law and the Racial Equality Statute, gender and racial inequalities, violence, environmental degradation, and disrespect for diversity persist. Building a culture of peace requires promoting dialogue, tolerance, responsible freedom of expression, and environmental preservation. To this end, joint action by the State, civil society and educational institutions is essential in building a more just, inclusive and sustainable society. As Jorge Amado stated: "Brazil is not for beginners. It is for those with courage, love, and passion." This phrase celebrates the strength and vitality of the country, highlighting the energy and vibrant spirit of the Brazilian people.